

**Public Health AmeriCorps (PHA)
Member Position Description**

Title: Public Health AmeriCorps Member

Start Date: January 23, 2023

End Date: January 22, 2024

Reports to: Megan Vixie, Chief Engagement Officer
Beach Cities Health District
1200 Del Amo Street, Redondo Beach, CA 90277

Summary: Under the supervision of the Chief Engagement Officer, spearhead efforts to increase public health needs within Beach Cities Health District. The primary areas of focus include **access to services/reducing barriers to care, behavioral health, and health equity.**

Hours:

Fulltime:

100% in-person (with opportunity to telecommute on a case-by basis approved by supervisor)

Reduced Half-Time:

100% in-person (no telecommuting option available)

Schedule:

Fulltime:

For allcove: Hours available Monday-Saturday between 9am-7pm (with some weekend days included)

For Community Services/Volunteer Services: M-F, 9am-5:30pm (with some nights/weekend days included)

Reduced Half-time:

For allcove: Hours available Monday-Saturday between 9am-7pm (with some weekend days included)

For all other positions: Hours available M-F between 9am-5:30pm (with 1-2 nights available for group sessions or workshops; some weekend days included)

Position Summary/Program Overview

Beach Cities Health District (BCHD) is a healthcare district focused on preventive health and serves the communities of Hermosa Beach, Manhattan Beach and Redondo Beach. Established in 1955 as a public agency, it offers an extensive range of dynamic health and wellness programs, with innovative services and facilities to promote health and prevent diseases across the lifespan.

AmeriCorps members will serve in the following program areas:

- **allcove Beach Cities.** Opening its doors in November 2022, *allcove Beach Cities* is a youth wellness center designed for ages 12-25 in Service Planning Area (SPA) 8 of Los Angeles County. The center embraces a care-first model, with services offered free of charge, and provides stigma-free, integrated care that normalizes mental health, offering mental health services co-located with early substance use screening and counseling, physical health services including gender-affirming care, peer and family support services, supported education and employment services, and life skills and wellness classes (e.g., art, music, stress management).
- **Community Services.** For over two decades Community Services has provided care management services to improve the quality of life and maintain the independence for the 17,337 older adults (ages 60+) and adults with disabilities (ages 18-59) living in the beach cities. The program provides confidential in-home assessments along with recommended care plans linked to relevant services, including volunteers providing errand assistance, companionship, activities for clients with cognitive impairment, well-being calls, and in-home fitness exercises.
- **Well Being Services.** Well Being Services provides strategic direction, management and evaluation for Blue Zones Project, Mental Health and Happiness, WorkWell to LiveWell worksite wellness, community policy efforts, and other community wellbeing programs and services in order to measurably improve the health and well-being of beach cities residents.
- **Youth Services.** Youth Services partners with local school districts to create environments that support student, staff and parent health. Healthy habits developed at a young age can last a lifetime and BCHD provides an array of programs and services that increase physical activity, improve nutrition and promote social-emotional well-being.

Primary Responsibilities

Two full-time and two part-time AmeriCorps members will work closely with the allcove Beach Cities and Volunteer Services teams to ensure that the views of young people and families are integrated into planning efforts, community outreach and service delivery. Members will perform the following duties:

- Provide community outreach by working with schools, cities and community partners to coordinate health promotion events, increase the profile of the center and deliver key messages and source referrals
- Conduct more than 60 engagement events annually (minimum five per month), including offering allcove satellite services at partner agencies
- Supporting walk-ins at allcove Beach Cities with tours or information on programs and services as well as assisting participants through the intake process in order to receive services
- Recruit for and support the allcove Youth Advisory Group that operates as the sounding board for staff and partners
- Develop and implement training and resources as well as supporting partners with group programming or events
- Create service-learning opportunities for participants and create pathways for volunteering in their communities
- Launch a mentor program in partnership with UCLA's SCOPE healthcare workforce student program
- Design a volunteer engagement strategy for not only youth participants but for the community at-large to support the needs of the center

One full-time and two part-time AmeriCorps Members will work closely with the Volunteer Services and Community Services teams to enhance services that improve client mental health and wellbeing and support enrollment for health benefits. Members will perform the following duties:

- Recruit for, train and coordinate volunteer programs supporting older adults (e.g., Conversation Companions, Brain Buddies, Support Line, MoveWell in-home exercise program, Errand Volunteers) to combat isolation and depression and foster connection and community
- Assist older adults (the most vulnerable population in a large-scale disaster) by designing and implementing a disaster preparedness program for older adults and adults with disabilities, coordinating with local cities and recruiting volunteers for assistance to ensure residents have a personal emergency plan and supplies
- Provide community outreach by working with senior centers, cities and community partners to coordinate education events, increase the profile of the care management program and deliver key messages and source referrals
- Assist with client biopsychosocial reassessments, activities of daily living and instrumental activities of daily living assessments, health-related information and referral calls, research health-related resources for clients, visits and well-being checks to clients.

- Serve as Covered California enrollment counselors to support residents in accessing public health insurance (and members can also service allcove Beach Cities participants); conduct outreach to restaurants, community partners, etc. regarding Covered California insurance enrollment to create greater access to health care

Two part-time AmeriCorps Members will work closely with the Well Being Services and Youth Services teams to offer behavioral health programming to youth and adult populations. Members will perform the following duties:

- Recruit for and support the Youth Advisory Council that serve as peer ambassadors, recommend and support health campaigns and generate public health awareness, and advocate for and implement solutions to address youth health issues
- Deliver youth purpose workshops to local school districts and adult-focused workshops in collaboration with community partners (e.g., South Bay Adult School)
- Assist with Drug-Free Communities (DFC) Coalition, a community-based formal arrangement for cooperation and collaboration among community groups or sectors to work together toward a common goal to increase community-wide collaboration and decrease youth substance use
- Launch moai (social group) engagement strategy, including facilitating matching events, monthly social hour events and increase of moai groups in order to increase community connection and socialization
- Execute programs through the Mental Health & Happiness initiative, including but not limited to: facilitating; activating community on Kindness Counts initiative; prioritizing Mental Health program area by enhancing tools and programs that foster stress resilience, kindness, and connectedness; and facilitating Mental Health and Happiness workshop cohorts, happiness chat groups and other support groups to combat isolation and loneliness
- Assist with delivery of Mental Health First Aid training and QPR Suicide Prevention trainings to community partners and the public

Note: All AmeriCorps members will also work together to develop intergenerational opportunities where youth and older adults can interact and celebrate one another. For example, allcove Beach Cities participants can volunteer to help an older adult in their community or older adults can assist youth with a service project or mentorship.

Knowledge, Skills, and Abilities

- Strong working knowledge of Microsoft programs (e.g., Word, Excel)
- Excellent communication, customer service and organization skills
- Ability to work effectively in a fast-paced environment and handle multiple tasks at once
- Ability to speak in front of others and effectively communicate messaging (e.g., deliver presentations)

- Bilingual in Spanish or other languages (preferred for 1-2 Reduced Half-Time members)

Supervision and training

- Attend all required training provided by L.A. Works/ Public Health AmeriCorps and Host Sites specific training.
- Work independently and follow supervisor(s) directions.
- Comply with all Public Health AmeriCorps and L.A. Works standards and guidelines.

Requirements

- Valid driver's license/Reliable transportation
- TB Test
- Drug Screening
- Background Check (provided by LA Works)

Other Qualifications

- Familiarity with (e.g., live/work or have lived/worked in) the service area and its surrounding communities (e.g., LA County SPA 8 that includes cities of Carson, Lomita, Palos Verdes Estates, Rancho Palos Verdes, Rolling Hills, Rolling Hills Estates, El Segundo, Inglewood, Gardena, Hawthorne, Landale, Hermosa Beach, Manhattan Beach, Redondo Beach, Torrance, Harbor City, Wilmington and San Pedro)
- Exhibits a polished and professional demeanor at all times
- Adaptable and flexible by responding positively to change and using new practices to solve problems
- Lived experience relevant to the populations being served highly desirable

COVID-19 Policy/Guidelines

- BCHD follows all Los Angeles County and Cal OSHA guidance for workplace settings, which may require masking as directed